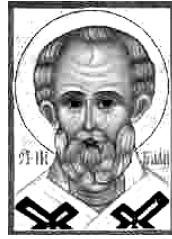


February 14, 2010
St Cyril, Teacher of the Slavs

St. Nicholas Orthodox Church

320 Munson Avenue
McKees Rocks, PA 15136
412-331-1053

<http://www.stnicholas-oca.org>
info@stnicholas-oca.org



Rev. Thomas Soroka, *Rector*
(412) 299-3942
Rev. Dn. Joseph Mell, *Attached*
Ms. Doris Wasilko, *Choir Director*

Forgiveness Sunday

Christ is in our midst! He is and always shall be!

Schedule of Services and Activities

Today – Immediately After the Divine Liturgy

In memory of Anna Kunca from her family

Sunday, February 14th – 7:00 PM

Monday, February 15th – 7:00 PM

Tuesday, February 16th – 7:00 PM

Wednesday, February 17th – 6:00 PM

Thursday, February 18th – 7:00 PM

Friday, February 19th – 7:00 PM

Saturday, February 20th – 5:00 PM

Saturday Confession at 4:30 PM

Sunday, February 21st – 10:00 AM

Sunday Confession at 9:15 AM

Trisagion for the Departed

Forgiveness Vespers

Canon of St Andrew of Crete

Canon of St Andrew of Crete

Presanctified Divine Liturgy

Canon of St Andrew of Crete

Akathist to Our Sweetest Lord Jesus

Great Vespers

Divine Liturgy

Congratulations to our new parish council which will be sworn in today: Michelle Bittner, Yuri Chtchurakov, Mary Hughes, Nicholas Kowalcheck, Luke Loboda, Steve Meno, Paul Parlock, Alexandra Tirpak, John Tirpak, and Donya Yewisiak. They will meet shortly after the start of the dinner to elect officers.

Our Annual Blini Luncheon will be held today, immediately following the Divine Liturgy. Cost is Adults \$5 / Children 12 and under \$2. - cash or checks accepted at the door! Everyone is welcomed to this wonderful annual event. Please make every effort to attend. Thank you to Marina Petrov for organizing the luncheon and to the many people who are preparing the food for the *maslenitsa*.



The Lenten fast begins tomorrow, February 15th. The Church prescribes that we refrain from eating meat (including fish, but not shellfish) and dairy products. While it is understood that some find the prescription challenging to attain (for this is indeed the very point – that we indulge too much in fleshly desires, and the challenge of the fast shows this!), everyone is strongly encouraged to do something, and not to ignore the fast completely, which is both unchristian and unorthodox. Most importantly, as the Fathers remind us, we are also to “fast from sin as we fast from food.” May God bless you in your Lenten journey.

Those who wish to receive communion during the Presanctified Liturgy on Wednesday evening should fast from after the lunch time, if they are able bodied. Those who are ill, elderly and ailing, pregnant or nursing should adjust their fasting accordingly.

If you have been to confession recently (during the Nativity season) it will not be necessary to take confession again, unless you feel compelled to come. Pascha is very early this year. However, those who have not received confession during the Nativity season should come **early** in the Lenten season.

Our annual Lenten collection “Easter Baskets for Needy Families” will be underway soon. Please look for the insert in next week’s bulletin for needed items; however, monetary donations are also accepted for perishable items and for gifts for children. Please see Donya Yewisiak, project coordinator, for more information. Deadline is Sunday, March 28th.

Coffee Hour hosts are needed! Help create a year a fellowship at St. Nicholas by hosting or sponsoring a coffee hour. Hosts are needed for the remainder of February and March. To reserve your date, please contact Melissa Graff at melissamgraff@yahoo.com or at 412-882-2975 or sign up down stairs near the kitchen. Thank you for your help! We also need hosts for the Wednesday evening Lenten fellowships!

A revised Lenten schedule is printed in today’s bulletin. Please visit our website at www.stnicholas-oca.org for the latest schedule. Please note that our mission service date has been changed to Sunday, March 28th (Palm Sunday evening), so that we can host the Archdiocesan Lenten Retreat (March 20th).

Vigil Light Donations (*Please remember the following people in your prayers*) **From Helen Cobb** for the departed servants, George, Ray Cobb, Fr. Vladimir & Mat. Olga, Darius Walat; for the health of Ruth, Vic, Todd, Aleisha, Dick, Jared, Helen March Shancey, Stephanie Kowal, the Tichy, Fuller, Kasnot, Speth, Wasilko, Barsom, Soroka and Mell families. **From Tom & Georgiann Robes** for the departed servants, Victor Robes, George, Johanna & Beverly Porvaznik; for the health of the Robes family and Carol Kowalcheck; Happy 89th Birthday Granny Robes~many more years! **From Doris Wasilko** for the departed servants, (parents) Charles & Mary; for the health of the Wasilko family, Helen Shancey and Carol Kowalcheck. **From Charles A. Wasilko** for the departed servant, Uncle Mike Dyczko; for the health of (sisters) Doris & Marsha, Carol Kowalchek, Tom Robes and Helen March Shancey. **From Alexandria Tirpak** for the departed servants (parents & grandparents) Amelia & John, Marie & Nicholas, Ann & Frank and (brother & nephew) Nicholas & Nicholas; for the health of Amelia, Andrea, Richard & their families, Patricia, Carol, John, Theodore, Mary (on her birthday 1/31); Community of St. Nicholas; men & women serving our country; special intentions. **From John A. Tirpak** for the departed servants, John & Ann Tirpak; for the health and security of Alexandria & John in their retirement. **From Mat. Joni Soroka** for the health of (mother) Barbara Naiser on her birthday. **From Raisa Burd** for the health of Alexandra, Tatyana, Yevgeniy and all our relatives & friends. **From David Namisnak** for the departed servants, Melissa, Richard Shancey and Frank & Anna Namisnak; for the health of Marsha, Helen Shancey and Baby Ella. **From Donya Yewisiak** for the departed servant, Fr. Vladimir Soroka; for the health of Carol Kowalchek, Tom Robes and Helen Shancey; special intention. **From Peter & Garnette Kerchum** for the departed servants, Mat. Olga and Very Rev. Fr. Vladimir Soroka; for the health of grandson, Michael Lopez Jr., great grandson, Timmy Waller Jr., Reader Michael Soroka, Peter Kerchum, Wayne Miller, Margaret Ruprecht, George Shaytar and Patricia Pappaterra.

This bulletin is offered in memory of Rose, Steve, and Uncle Ted Puskar from Janet Widel.

St Nicholas Orthodox Church

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February 14, 2010

Forgiveness Sunday

Tone 3

Troparion of the Resurrection

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm!
He has trampled down death by death!
He has become the first born of the dead!
He has delivered us from the depths of hell,
and has granted to the world great mercy.

Tone 3

Kontakion of the Resurrection

On this day Thou didst rise from the tomb,
O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the prophets and patriarchs they unceasingly praise
the divine majesty of Thy power!

Tone 6

Kontakion of the Triodion

O Master, Teacher of Wisdom,
Bestower of virtue,
Who teaches the thoughtless and protects the poor:
Strengthen and enlighten my heart.
O Word of the Father,
Let me not restrain my mouth from crying to Thee:
Have mercy on me, a transgressor,
O Merciful Lord.

Tone 8

Prokeimenon of the Sunday (Psalm 76)

Pray and make your vows before the Lord our God!

Epistle (Romans 13:11-14:4)

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry

and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts.

Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Gospel (Matthew 6:14-21)

"For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.



"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

"Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Communion Hymn

Praise the Lord from the Heavens. Praise Him in the highest. Alleluia!

On the Expulsion of Adam and Eve from Paradise

On this Sunday the Holy Church focuses on the memory of the exile of our ancestral parents from paradise for disobedience and intemperance in order that through misfortune it more evidently emphasizes the importance of the presented ascetical effort for all, and in the loss of the blessedness of paradise it specifies a subject, worthy of repentance and tears. The example of the ancestral parents shows us the whole weight of sin and its fatal consequences and teaches us to avoid intemperance as the beginning and the source of sin, and to turn to repentance, as to the unique means of deliverance from the judgment of God. "Now is the favorable time, now is the season of repentance, let us cut off the works of darkness, and clothe ourselves in the armor of light: that having sailed across the great expanse of the Fast, we may reach the three-day Resurrection of our Lord and Savior Jesus Christ, the Savior of our souls".

While Holy Communion is reserved for Orthodox Christians who prepare themselves by prayer and fasting, non-Orthodox visitors are welcome to come forward to venerate the cross and receive the Antidoron (blessed bread) at the conclusion of the service. Please join us downstairs for our Blini Dinner following the Divine Liturgy.

Thank you to our February donors! Holy Bread (\$50) from Natalie Aiken Tooch in memory of her newly departed nephew, Nicholas Aaron Aiken. Altar Candles (\$25) From Bob and Mary Beth Madalinsky in memory of Anna Kunca. Incense (\$10) from the Yewisiak family in memory of Fr Vladimir Soroka. (The donation for communion wine is still available.)