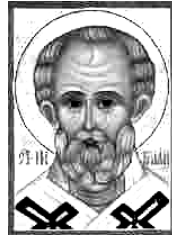


March 1, 2009
Martyrs Eudoxia and Antonina

St. Nicholas Orthodox Church

320 Munson Avenue
McKees Rocks, PA 15136
412-331-1053
<http://www.stnicholas-oca.org>
info@stnicholas-oca.org



Rev. Thomas Soroka, *Rector*
(412) 299-3942
Rev. Dn. Joseph Mell, *Attached*
Ms. Doris Wasilko, *Choir Director*

Sunday of the Expulsion of Adam and Eve from Paradise Forgiveness Sunday

Schedule of Services and Activities

Sunday, March 1st – 7:00 PM

Monday, March 2nd – 7:00 PM

Tuesday, March 3rd – 7:00 PM

Wednesday, March 4th – 6:00 PM

Lenten Fellowship Meal after Liturgy

Thursday, March 5th – 7:00 PM

Friday, March 6th – 7:00 PM

No Services this Saturday

Sunday, March 7th – 10:00 AM

Sunday, March 7th – 4:00 PM

Holy Cross Greek Orthodox Church, Mount Lebanon

Forgiveness Vespers

Canon of St Andrew of Crete

Canon of St Andrew of Crete

Liturgy of the Presanctified Gifts

Canon of St Andrew of Crete

Akathist to our Lord Jesus Christ

Divine Liturgy

Orthodoxy Sunday Doxology



The Lenten fast begins tomorrow, March 2nd. The Church prescribes that we refrain from eating meat (including fish, but not shellfish) and dairy products. While it is understood that some find the prescription challenging to attain (for this is indeed the very point – that we indulge too much in fleshly desires, and the challenge of the fast shows this!), everyone is strongly encouraged to do something, and not to ignore the fast completely, which is both unchristian and unorthodox. Most importantly, as the Fathers remind us, we are also to “fast from sin as we fast from food.” May God bless you in your Lenten journey.

Our Annual Blini Luncheon will be held today, immediately following the Divine Liturgy. Cost is Adults \$5 / Children 12 and under \$2. There will be no advanced ticket sales – Cash or checks accepted at the door! Everyone is welcomed for this wonderful annual event. Please make every effort to attend.

Those who wish to receive communion during the Presanctified Liturgy on Wednesday evening should fast from after the lunch time, if they are able bodied. Those who are ill, elderly and ailing, pregnant or nursing should adjust their fasting accordingly.

Please consider signing up to host the Lenten Fellowship following the Presanctified Liturgy any Wednesday during the Great Fast to provide a simple Lenten meal. The sheet is near the kitchen.

Our annual Lenten collection “Easter Baskets for Needy Families” will be underway soon. Please look for the insert in next week’s bulletin for needed items; however, monetary donations are also accepted for

perishable items and for gifts for children. Please see Donya Yewisiak, project coordinator, for more information. Deadline is Sunday, April 5th.

St Nick’s Corner now has the newly revised and published Orthodox Prayerbook from St Tikhon’s Seminary. This is the standard prayerbook used by Orthodox Christians in the OCA translation, but has been out of print for several years. Only 7 available! \$14 each. Come and browse our entire selection for your Lenten reading!



Ancient Faith Radio brings you the best in Orthodox music and teaching. Download podcasts from some of the best Orthodox teachers and speakers in America or listen online, on demand at <http://ancientfaith.com>. Timeless Christianity 24 hours a day!

Our parish will host the Deanery Mission Service on Sunday evening, April 5th at 5:00 PM (St Mary of Egypt Sunday).

From the Parish Council: Standing Committee sign-up sheets are located downstairs in the church hall. These committees function as ways in which members of St Nicholas can be actively involved with the direction and mission of the parish. Parishioners are encouraged to sign-up so they can use their talents for health and growth of the Church. These committees include the Financial Committee, the Maintenance Committee, Membership Services, and Long Range Planning. In addition, since the parish has expressed a near term goal of updating the church building to have bathrooms, a better kitchen, etc. the "Church Building Renovation Committee" has been formed by the Parish Council. This committee also has a sign-up sheet available downstairs and will work on plans to submit to the parish in the near future.

The next Church School will be held on Saturday, March 14th (second Saturday in March).

Fr Tom will lead a Lenten retreat at St Michael Orthodox Church in Broadview Heights (near Cleveland) OH on “An Orthodox Perspective of Suffering” and “Servant Leadership” this Saturday, March 7th.

We are in need of sponsors for Coffee Hour in March! Please see Melissa Graff to help! Thanks!

Vigil Light Donations (Please remember the following people in your prayers): **From Marsha Wasilko** for the health of the Wasilko family, Stephanie Kowal and Carol Kowalcheck; Happy Birthday & Many Years to Andy Kasnot & Katherine Puskar! **From Charles A. Wasilko** for the health of Carol Kowalcheck, Helen March Shancey, (sisters) Doris & Marsha. **From Doris M. Wasilko** for the departed servants (parents), Charles & Mary; for the health of the Wasilko family and Carol Kowalcheck. **From Helen Cobb** for the departed servants, Ray Cobb, Fr. Vladimir & Mat. Olga, Darius Walat; for the health of George, Ruth, Vic, Todd, Aleisha, Dick, Jared, Helen March Shancey, Stephanie Kowal, the Tichy, Fuller, Kasnot, Speth, Wasilko, Barsom, Soroka and Mell families. **From Peter & Garnette Kerchum** for the departed servant, Mat. Olga Soroka; for the health of (grandson) Michael Lopez, Jr., Reader Michael Soroka, George Shaytar and David Zeronki. **From John & Nancy Pravlochak** for the health of the Pravlochak family, Carol Kowalcheck and Reader Michael. **From Andy Kasnot** for the health of the Kasnot and Homyak families. **From Mat. Joni Soroka** for the health of Mary Jean Ciresi and for the newly baptized, Vaughn Joshua--- Many Years; special intention.

